

To: MARJORIE MICHEL  
Minister of Health.

1 of January 2026

**Congratulations on your new assignment as Federal Minister of Health. You have your hands full with this one. Let me help you in this regard. What the Health Care System needs the most is LESS SICK PEOPLE and that is the Big Elephant in the room that you keep feeding instead of fixing the Root Cause of the problem.**

**The root Cause of why there is so many sick people is because our Education System lack the promotion about Exercises and Good Nutrition. Our society lives on borrowed time eating all the non nutritional stuff our food stores sels in this country.**

**There should be more regulation regarding the sale of non nutritious food that actually makes people sick and our Health Care System pays the price for that. There is a long way to go to educate our youth about the importance of Exercises and Good Nutrition.**

**If you follow up on my suggestions you will gradually see 60% less sick people affected by Chronic Diseases and Diabet and Cancers of all kind and all those are caused by lack of Exercises and bad Nutrition habits.**

**This is the ONLY WAY that you will fix the Health Care System and NOT by adding more Doctors, more Nurses and more Hospitals but by Educating our youth of the importance of Exercises and Good Nutrition. For more information of the subject go to my website in the download page at this link.... <https://gbphotodidactical.ca/PAGE-DOWNLOADS.html>**

**This is where you will find the Open Letter to David Eby dated 21st of August 2024 where I addressed this important topic. I also wrote many essais about nutrition that you will also find on my page like Why is Exercises and Good Nutritions are so important, and More advice's on Nutrition.**

**Happy New Year to you and your Family,  
and keep up the good work.**

**From:**

**Ghislain Bonneau at <https://gbphotodidactical.ca>**